

Recreational Coed 6's Rules

1. All matches will be 3 sets to 21 with a cap at 25 and will be self officiated.
2. Serving team must say their score out loud first, followed by opponents score.
3. There is a maximum six (6) players per team on the court (three men and three women.)
4. On a (6-on-6) team, a maximum of 6 and a minimum of 4 players are allowed on the court.
 - a. **CO-ED TEAM LINE-UP ALLOWED:**
 - i. ***3 FEMALES – 3 MALES**
 - ii. ***4 FEMALES – 2 MALES**
 - iii. ***5 FEMALES – 1 MALE**
 - iv. ***6 FEMALES**
 - v. ***2 FEMALES – 3 MALES**
5. Substitutions may be made anytime the ball is not in play, but must stay in rotation.
6. Double contacts are legal provided the ball is not carried, thrown or lifted.
7. Let serves are legal
8. No back row player may come up to the front row to block or attack above the top of the net at any time.
9. A girl must touch the ball one time before going over the net, unless it is the first contact.
10. No part of the body may touch the net at anytime unless a ball or person driven into the net causes the contact. Player contact with the net in a manner not directly relating to or affecting the course of play is not a violation. Contact with hair or part of the uniform will not be considered a fault.
11. Report scores on score sheet after each set has completed.